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| Unit: | Developing Self-Esteem and Resilience | Suggested Order: 6 of 7 |
| Topic: | Should you ever give up? | |
| Key Objectives: | To evaluate whether we should ever give up on our dreams | |
| Resources: | Should you ever give up Teacher PowerPoint  Blank spectrum  Case Studies | |

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| Guideline Timing | Activity | Typical Learning Gains | Notes / Advice from teaching team |
| 4 Mins | Students give their ‘gut’ response to the statement: ‘You should never give up on your dreams’. | Assess learning at start of lesson | *Typically, students say that they shouldn’t ever give up!* |
| 5-10 Mins | Students given 6 case studies and place the case studies on the spectrum (carry on working, don’t give up yet, modify the dream OR give up now). |  |
| 5 Mins | Teacher Input – what do experts say?  Following teacher input, students can re-organise their spectrum. | Students understand that we cannot always keep on pursuing the same dream in the same way. There may be alternatives which will make us happier or more successful. |  |
| 10 Mins | Teacher models the type of thinking which might support individuals to decide whether it is time to give up on the dream. |  |
| 15 Mins | Students choose one case study and map different options for the student. Then they summarise what advice they would give first e.g. keep going and then identify at what point they would advise giving up or modifying the plan. | *You may wish to target particular case studies at individuals* |
| 15 Mins | Students revisit their original response to the statement justifying their opinion | Opportunity to assess learning. |  |

Opportunities to differentiate / personalise:

Match the case studies to the dreams of the students in the room.